Dear Parents and Carers

On Sunday we celebrated the Feast of Corpus Christi. There are a number of unique customs associated with the Feast of Corpus Christi. Among them are pageants and processions that originated during the Middle Ages. During the Baroque Period of the 17th century many of the processions throughout Europe introduced colourful characters and themes from both legend and the Bible, including the tales of David and Goliath and Saint George and the dragon. However, by the end of the 18th century, many of these colourful displays were no longer popular with the Church, resulting in their removal.

In France and other portions of Central Europe, the Feast of Corpus Christi is also known as the Day of Wreaths. Large bouquets of flowers are carried in processions on the tops of long wooden poles and wreaths of colourful flowers are placed on houses, gardens, and fields. Cities and towns are adorned with wreaths of delicate flowers and green boughs as processions of both clergy and laity honour the Eucharist.

Perhaps the most obscure custom of the Feast is the naming of bodies of water and places in its honour. Franciscan missionaries originally named the Gulf of Mexico the "Bay of David Christi," and gave the mission there the same name. While in California, the mission at Sacramento and its corresponding river were named in honour of the Eucharist.

While Corpus Christi is, generally speaking, a minor feast of the Church, for many Catholics, particularly those in Europe, it is an annual celebration. In many of our local communities this weekend involves “festa!” including Eucharistic processions and the assembling of extended families to share a meal. For the Church on the whole, the Feast of the Body of Christ symbolizes the Eucharist and Communion, identifying the belief in the death of Christ and His resurrection.

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In recent weeks the College has received recognition at a number of levels. In last fortnight’s newsletter you would have read the glowing acknowledgement in State Parliament by MLA Chris Patterson of the fine work the school is doing in educating the children of families in the Camden LGA.

In this week’s Camden Advertiser, our Yr 11 Hospitality students were featured following incredibly positive feedback from employers. Jessica Healey has been nominated for the Workplace Student of the Year and, in the process, been snapped up by Wests Leagues for full time work. This year’s Hospitality students have set an excellent example for not only next year’s Hospitality students, but also for the Construction workplace students in a fortnights time as they venture out to the world of work.

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During the week all families would have received by email the news that a new Parish at Oran Park has been decreed by Bishop Peter Ingham. Our new Parish Priest is Fr. David Catterall who is no stranger to the Macarthur area having served previously at the Rosemeadow Parish and he had a small association with Magdalene in 2000-1. Frs David and Michael will be visiting both St Justins and St Benedicts this week. No name for the Parish had yet been declared at the time of going to press.
At the end of last week Stage 4 (Learning Centre/Library and 6 classrooms) of the building programme began with the fencing and shortly the associated earthworks getting underway. There is much building activity around the College at the moment and it is a very exciting time as our Stage 3 buildings reach completion. We are anticipating moving in to our new Science laboratories at the beginning of Term 3 as planned. The new entrance and Administration/Reception area for the College will open mid August. There will be some significant changes to the drop off zone as the temporary school is closed down and removed and construction of the final stage of the Car Park is completed during Term 3. We will send home the new pedestrian entrance and exit procedures as the time approaches.

+++++++ I hope you enjoyed the extra time you have had with your children over the long weekend. The staff spent the day busily preparing for Year 12 as we move to the completion point of writing learning programmes for Yrs 7-12. The presence of Cheryl Russell from the Catholic Education Office, who is on secondment from the Board of Studies, was a bonus for staff as the richness of her experiences across all school sectors ensured we received excellent coaching and advice.

Michael Hanratty
Principal

As a parent am I making myself : Redundant or Irrelevant?

I often hear parents speak about successes they have had in getting their children to take more responsibility for themselves during their adolescent years. Michael Grose recently conducted a survey which asked the question:

"I make myself redundant with my kids by getting them to___________."

Here is his response to the results:

"The responses were fabulous, showing the diversity of approaches and ideas that parents have, as well showing a determination for children experience the feeling of confidence that comes with real self-reliance.

One person issued a 'Take Care' warning about developing independence in kids. This particular mother has found that her daughter has become so independent that she has become almost irrelevant in her eyes. This post struck a chord with me. It shows that how controversial/challenging redundancy for parents can be.

As many readers would know I believe that a basic tenet of parenting is to teach kids the skills of independent living from the earliest possible age. Growing up means gaining the capability to look after yourself and others.

Parents, among other things, are teachers giving kids the skills as well as opportunities to look after themselves and others. It sounds simple, but it can be complex to put into practice. For starters lack of time means it can be easier ‘to do for kids’, than allow them ‘to do for themselves’. (For ‘do’ insert any self-help skill such as dress, do up shoelaces, get oneself out of bed, prepare breakfast….)

Also in a practical sense if you have more than one child then independence-building is uneven. That is, one child will generally relish the idea of independence often at the expense of others. But individual differences are a challenge that parents always need to overcome regardless of the context.

A mum may want her child to be independent, but no parent wants to be irrelevant. We all want to be connected to our kids and to be a part of their lives. Irrelevance though shouldn’t be confused with redundancy. They are very different.

In the quest for a feeling of relevance and connection we can do far too much for our children. I have been guilty of this in the past. As my children moved into the later teen years I would often do simple routine things for them such as making lunches, getting them up in the morning and driving them to the bus stop (even though it was only a five minute walk) as I desperately wanted to feel like a dad. I wanted to avoid feelings of irrelevance at all costs to the detriment of their independence."
Week 7 Tuesday 2 June 2015

College Sport
We enjoyed a wonderful Tuesday of Sport as students commenced the second week of the latest Sport rotation.

Congratulations to the following students who were nominated as MVPs for Week 7;

Brielle Brown & Marc Duchenne (7A, AFL) Logan Simon & Brooke Thistleton (7B, Zumba)
Emma Hooton (7D, Swimming) Chelsea Cooper & Isabelle Brown-Rogers (7C, Sportsfun)
Shaylee Vibert (8A, Sport Clinic) Conor Mack (8C, Taekwondo)
Joshua Musumeci (8B, NRL) Lachlan Ross & Caitlin Rich (9A, Crossfit)
Isaac Smith (9A, Bowling) Samantha Krause & Erin Coppin (11, Bodywar)
Lochlann Lenz (10A, Tennis) Emily Molloy (10B, F45)

MISA Sport
Our teams came up against John Therry this week and we had some great results, congratulations to all of our competitors.

Congratulations to the following students who were nominated as MVPs for Week 7;

MISA Year 9 Netball Jayde Bermingham 10-27
MISA Year 10/11 Netball Chelsey Byers 1-33
MISA Year 7 Soccer Troy Seniuk 7-1
MISA Year 8/9 Soccer Diego Castro-Eastman 1-0
MISA Year 10/11 Soccer Jayden Weaver 1-1

We wish our MISA teams the best of luck in Round 6 next week as they come up against Magdalene.

Yours in Sport,
Mrs Pereira
MISA DANCE FESTIVAL
St Benedict’s are participating in the MISA Dance Festival on Tuesday 16 June at The Cube, Campbelltown Catholic Club. Students will depart the College at 8:30am and will return in time for normal afternoon travel arrangements.
Students are to wear their full sport uniform and should bring their own food and drink for the day.

SEMESTER 1 REPORTS
Semester 1 reports for Years 7-10 will be distributed on Monday 22 June.
Parent/Student/Teacher interviews will be conducted on Thursday evening 25 June, and Friday 26 June. Details on accessing the online interview booking system, will be available next week.

CLOTHING POOL
The Clothing Pool will be opened, by appointment only, twice a month:
1st Friday of the month from 2:40pm, and
3rd Friday of the month from 8am.
To make an appointment contact Mrs Rachael Zappia on 0402 247 088.
Donations of uniforms in good condition are greatly appreciated.

ENGLISH INCURSION
On Thursday 18 June, Year 8 will have the opportunity to listen to author, Jessica Shervington, speak about her writing experiences as a best selling author. Permission notes are to be returned by Friday 12 June.

CAREER NEWS
Enhancing the Links Disability Seminar is at Liverpool Catholic Club Wed 17th June 2015. It will provide essential information about post-school pathways and support for students with disability, including: apprenticeships and traineeships; university; VET; Employment; ADHC Post-School Programs; and emerging issues including NDIS and Smart and Skilled.
For details and to register visit

A Pastoral Letter from the Catholic Bishops of Australia can be found on our website under the College Community Tab, then under Diocesan News or you can follow the link: